



UMU EXPERIENCE

Rarotonga

Umu Experience pride themselves in sharing their Cook Islands Culture with visitors through a unique display of performances by local dance group 'Manavanui', while showcasing the preparation and delivery of a delicious traditional island feast.

Backed by Manavanui's talented drummers, your evening begins under the stars with warriors demonstrating through chants and dance, the process and preparation of a traditional umu (underground oven).

The demonstration takes you through various stages of preparing some of the dishes in the umu to the opening and removal of the feast from the smoking hot underground oven.

You then delight in a flavourful umu platter served to your table, and help yourself to a buffet of freshly prepared salads and local dishes. As you dine, Manavanui's string band and impressive vocals will entertain. A simple dessert is later served.

Following dinner and to conclude the night, beautiful island maidens will appear on stage and gracefully perform before the warriors join in for slow and fast paced items.

The Umu Cultural Night is an absolutely spectacular evening of well-choreographed performances and delectable island feasting that both visitors and locals of all ages will no doubt enjoy.



OCTOBER 2023

TOUR HIGHLIGHTS

Unique cultural experience

The evening is full of live entertainment from the Manavanui dance group. The presentation of costumes and performances throughout the evening are spectacular. Even the locals will be wowed.

Delicious Island Feast

Each table is presented with their own umu platters and from the buffet, guests can help themselves to a variety of salads and other delicious local dishes. If you still have room after your main course, a simple dessert will be served.

TOUR DETAILS

DAYS OF OPERATION	TOUR DURATION	VEHICLE INFORMATION
MONDAYS & THURSDAYS 6PM—9PM	APPROX. 3—3.5 HOUR SHOW	CLIENTS TO MAKE THEIR OWN WAY TO CULTURAL CENTRE IN TUPAPA
INCLUSIONS	CHILD POLICY	TRANSLATORS
- UMU DEMONSTRATION SHOW - UMU PLATTER WITH BUFFET DINNER - COMPLIMENTARY WATER & LOCAL HERBAL TEA - STRING BAND & FLOOR SHOW	CHILDREN OF ALL AGES ARE WELCOME. CHILDREN UNDER 2 YEARS ARE FOC	TRANSLATOR GUIDES AVAILABLE AT AN EXTRA COST: SPANISH, ITALIAN, CHINESE (MANDARIN)
PAX REQUIREMENTS	ACCESS FOR DISABLE	WHAT TO BRING/WEAR
MINIMUM 30 PAX REQUIRED TO OPERATE. MAXIMUM 150 PAX	WHEELCHAIR ACCESSIBLE (RAMP AT ENTRY)	CAMERA